Publiczne Gimnazjum im. Polskich Olimpijczyków w Błędowie (Katarzyna Rylska)

Autor: Oliwia Mikołajczyk

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Dear Diary!!

Today it supposed to be great day but it ended up as always. As usual in the morning I slept in, it happens often to me, and I almost was late in school. It was really boring day. Teachers did for us some tests because we have exams at the end of the year. In the morning I argued again with my sister. I can't understand her, we always argue about nothing matter things. My parents don't understand my needs and they don't want to let me go with my friends to the party. I don't know why everything is against me. I can’t wait for the day when finally everything will be ok. Maybe I don't belong to this world. Or maybe everything I experience too emotionally, because when I heard about problems my best friend have I can’t stop thinking about it. I hope that you understand me. Anyway, when my friend Susan told me about her problems I can't belived it. As you know from my stories her brother had an accident on the motor way. Her family situation is really difficult. Susan love her brother very much. He is the apple of her eye because he is older than her and he helped her with everything. She can't stand it and she started drinking alcohol. She started drinking too much because she drinking to the demise. Her parents could not cope with situation of their son and with situation of their dearest daughter. Susan don't understand that she didn't help her parents and that she created more problems for them. On the last party nobody could stop her even I. She is mostly always listening me and I can't understand what happend with her. She can't understand that I want to help her with it because I realized that she has problem with drinking. When I was trying to tell her it she didn’t want to listen me and in the end we quarrelled. She didn’t say a word to me until today. I can't belived when she wrote to me on Facebook that she wanted to meet with me. Of course I agreed because no matter what she is my best friend so I will always help her no matter what happens. All day I was thinking about what she wanted to tell me. I thought that she wanted to be reconciled with me but I was wrong. When our meeting reached the end at first she said ,,you were right" and then she started to cry. I didn’t know what should I do and I just hugged her. After a while she calmed down and told me what she was thinking about. I asked her that she had told someone about it but she said that she won’t do it. Then I realized that she trusted me the most. I wanted to help her but I didn’t know how. I told her that she must said it to her parents. They are really nice and they will always understand her but the situation was so bad. She was so scared about this idea, but she didn’t have the choice. I promised her that I will go with her and help her tell it them. When we was talking about all of this she was so unavailable. I was reliable that something it is still not this way. I asked her if she would like to tell me something. Then she told me something what swept me off my feet. She told me that on the party she was on drugs. I can't belive that my best friend fell into trouble so much. I knew that I have to help her because I don't want to happen for her something wrong, but I don’t know what should I do. She’s very pretty but she never smiles now and her eyes are very sad. I decided that I would take her to my house and I will try a bit her to cool down and forgot about what had happened. When we reached home my parents were shocked how Susan looks like now but I gave them the sign that then I would tell them everything. I led her to my room and I told her that she should lie on the bed and she should have a nap, because she looked sleepy. At the same time I went to my parents and I told them everything. They didn't know what to say. I asked them what should I do to help her and I told them what I have an idea. They were so proud of me that stayed calm and I really want to help. They said that they will help me when I will need it. I thanked them and took some snacks for my friend. I asked them to ring Susan's parents that she would stay overnight at our home so that they don’t have to worry. Almost all night Susan and I were sitting on my bed and talking about boys, because I wanted to affect her head with something else. In the end we fell asleep about 3 at dawn. It was really tiring day.

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Of the following day we got up we and ate our breakfast. My parents took us to Susan's house. We talked with her parents for about 2 hours. They understood her and decided that they will help her. They didn’t realize that their daughter this way is surviving this accident of her brother this way. They promised her that they will never leave her with her problems. They told me that they will take her to the special centre for people who are addicted of drugs and alcohol. I know where it is so I will visit her everyday. I'm very happy that this situation ended very well because it could come to a sticky end. I'm so suprised that I didn't panic and I brought this affair to the end. By the way my parents know that I am resourceful and they more trust me than now.